



CREATOR · SPEAKER · LIFE LOVER

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# M. Aurelius Higgs

FOUNDER, PARENTWISE · AUTHOR · EDUCATOR

*Secure Parents Create Secure Teens.  
Secure Teens Create a Secure Future.*

AVAILABLE TO BOOK

## ABOUT MARCUS

M. Aurelius Higgs is the founder of **ParentWise** and creator of **The Story Growth Method**, a science-backed approach that helps multicultural, entrepreneurial parents move from creating a safe home to helping their teen build safety within themselves.

With over **20 years as an international educator** across 10+ countries, Marcus translates developmental psychology into practical tools that build lasting family security from the inside out.

## CREDENTIALS

- **Top 10 Guest** on Podmatch.com — 5-star rating across 100+ podcast appearances
- **International educator** across South Korea, Spain, Saudi Arabia, Thailand, and beyond
- **Published author** of two books, including the forthcoming *A Parent's Guide: How to Create Security During Adolescence*
- **Spoken word artist** and co-founder of Certain Future Press

AVAILABLE FOR

- Keynotes
- Workshops
- Parenting Summits
- University Programs
- Intl. School Conferences
- Virtual Events

## SIGNATURE TALKS

### 01 Create Security During Adolescence

*HOW TO BUILD YOUR TEEN'S CONFIDENCE TO FACE AN UNCERTAIN FUTURE*

- Discover why your teen's security is built on yours, and what that means for how you show up daily
- Identify the hidden patterns from your own upbringing that are quietly shaping your teen's emotional world
- Learn the difference between rescuing a struggling teen and supporting them, and why that difference builds or breaks confidence

### 02 Expand Your 3 Circles of Trust

*BECOME YOUR FAMILY'S FOUNDATION FOR A SECURE FUTURE*

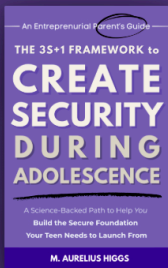
- Map the 3 Circles of Trust that every secure parent needs and where most teens are lacking
- Build weekly rituals that create real, consistent well-being before crisis demands it
- Learn to turn your teen's setbacks into shared moments that build self-trust and community belonging

### 03 The Motivation Switch

*FROM PRESSURE TO PURPOSE — IGNITING YOUR TEEN'S INNER DRIVE*

- Understand why pressure kills motivation and what actually sparks a teen's drive to pursue their own path
- Replace reactive parenting cycles with a purpose-first approach your teen can own
- Leave with a simple framework to turn "I don't care" into "I want to try"

*Your uncertainty dissolves the moment you start to create toward a clear intentional future.*



FORTHCOMING BOOK

## WHAT OTHERS SAY

*“Fantastic conversationalist with a wide variety of perspectives. Super knowledgeable in his field of work. Would highly recommend bringing him on as a guest.”*

**Michael Read**  
Host, Rebuilding The Village Podcast

*“M. Aurelius makes for an amazing show. I thoroughly enjoyed the conversation touching on critical issues of parenting and teaching tweens.”*

**Dr. Almitra Berry**  
Host, Educational Equity Emancipation Podcast